



Please see the CDC's recommendation for the proper precautions you can take to prevent COVID-19.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60 percent alcohol if soap and water are not available.



Clean and disinfect frequently touched objects and surfaces.

Avoid touching your eyes, nose and mouth with unwashed hands. Follow mask-wearing protocol.



Stay home when you are sick.



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