



November 25, 2020

Dear LivGenerations Ahwatukee Residents and Families,

On Thanksgiving we would usually take the time to pause and reflect on the blessings we have in our life. Maybe it is just us, but it is a little harder this year than past years to find the spirit to be grateful. This week will mark yet another holiday lost in 2020, time spent apart from family and loved ones while living under the ongoing restrictions of COVID-19 safety protocol.

The first Thanksgiving also took place under the gloom of a pandemic. The meal was a celebration of survival and community. Those who gathered that first Thanksgiving weren't family, many barely knew each other, but they gathered to support the community of survivors and give thanks for their health and the small treasures they did have in the shadows of the pain and suffering they had experienced. So, in the honor of our ancestry holiday, that this year celebrates its 400th anniversary, let us find the spirit of Thanksgiving in the blessings we do have.

- We are blessed with the ability to live as a community during a time when many seniors are living isolated.
- We are blessed with the daily service from our Liv team members who cook the meals, clean our spaces, conduct our care, teach our Vibrant Living programming and in general brighten our spirits.
- We are blessed with ample PPE, testing, medical care, and frontline access to the impending vaccines.
- We are blessed with supporting residents and their families that know while we do not always get it right our intentions are pure and real.
- We are blessed with our lives and a community that has successfully kept infection numbers very low for the majority of the pandemic.

While we gather in ways that do not resemble our past traditions or our wishes of contemporary reality, let us focus on the joy we do have verses the things we have lost. Let us make this holiday a celebration of life as we reflect on the strength that has carried us to this point. In the spirit of the first Thanksgiving, let us make family of those we find around us and give love to each other as we suffer through the same challenges of time apart from those we love.

We wish you all a Happy Thanksgiving.

*Today, November 25, we have no (0) residents and (1) team member diagnosed with active case of COVID-19.*

Any questions or concerns may be directed to the Liv Well Task Force at [livwell@livcommunities.com](mailto:livwell@livcommunities.com).

Sincerely,  
The Liv Well Task Force